

In Touch with meltco

January 2019

“Stay positive and happy. Work hard and don’t give up hope. Be open to criticism and keep learning. Surround yourself with happy, warm and genuine people.” – Tena Desae

How to make a New Year’s Resolution STICK!

“Rather than associating the New Year with resolutions or changes you need to make, consider it a time for reflection on things you wish to work on throughout the year. Quit dwelling on what you have not accomplished and focus on what you will accomplish instead.” - success coach, Amy Applebaum

- ◇ Be specific and start small
- ◇ Be realistic and honest with yourself
- ◇ Have a realistic plan
- ◇ Ask for assistance
- ◇ Don’t give up and don’t be too hard on yourself



Re-Gifting in Style

We may have all received a gift in the past that we’re not quite fond of...so what do we do with it? Is it cliché to re-gift it? According to Kathryn Vasel, “it’s fine.”

She further notes that “more than three in four Americans find re-gifting socially acceptable.” There are a few etiquette rules to follow when doing so, with making sure not to re-gift in your social circle as being the most important. Additionally, make sure time has elapsed between receiving and your re-gifting to someone more suitable. It’s not as bad as you may think, and if you get caught? Fess up and explain why you thought this gift would be more suitable for them than for yourself.

A Year in Technology

Each year, MIT chooses the top 10 Breakthrough Technologies of the past year. Described as a collection “that will have a profound effect on our lives,” here are the three we’re most excited about:

3D Printing Metal:

What was once too expensive and time consuming to be a viable option, the world of 3D metal printing has made major strides in recent years. The machines are now able to produce strong and lightweight items previously not thought possible.

“If widely adopted, it could change the way we mass-produce many products,” claims the MIT Technology Review.

Sensing City:

The most ambitious smart-city plans are taking over Toronto’s industrial waterfront. The prospective community, Quayside, is the result of collaboration between the Canadian government and Sidewalk Labs, a subsidiary of Google, which will be 100% tech based.

“All of our thinking and decisions on Quayside are shaped by the question ‘What do 21st-century technologies enable us to do better?’” says Sidewalk Labs executive, Rit Aggarwala. To actualize this vision, the city will rely on robots, self-driving cars, and sensor technology to monitor resident’s ways of life.

The data collected will enable Sidewalk Labs to determine how to best suit local needs and will be shared globally to inspire the development of the future smart-cities across the world.

Translating Earbuds:

Imagine putting in headphones and understanding any language you come across...this dream will soon become a possibility when Google’s Pixel Buds hit the market.

The technology isn’t new per say, but rather reimagined to be more user friendly. This translation technology already exists within the Google Translate app but isn’t conducive to conversations due to interfering background noise.

The MIT Technology Review explains, “Pixel Buds get around these problems because the wearer taps and holds a finger on the right earbud while talking. Splitting the interaction between the phone and the earbuds gives each person control of a microphone and helps the speaker maintain eye contact, since they’re not trying to pass a phone back and forth.”

Working with a smartphone app, the earbuds grant users the ability to break through the language barrier. This device created boundless opportunities for work, travel and personal use.

National Drink Days

January 01 – Bloody Mary
January 11 – Hot Toddy
January 17 – Hot Buttered Rum
January 25 – Irish Coffee
January 31 – Brandy Alexander

Brandy Alexander

What you'll need

2oz Cognac
1 oz Dark crème de cacao
1 oz Cream

Method

- ◇ Add all the ingredients into a shaker with ice and shake.
- ◇ Strain into a chilled cocktail glass.
- ◇ Garnish with freshly grated nutmeg.



Dine in the Sky

Sky Bistro: Banff, AB

Mountaintop dining at 7,510ft!

The view in Banff, AB is breathtaking on its own, however dining while surrounded by the Rocky Mountains is like no other. Sky Bistro overlooks Banff National Park, including Lake Louise, with scenes of glaciers, lakes, mountain peaks, valleys and forests. The only way to get to the restaurant is to take the Gondola, where you can also visit the rooftop lookout point, gift shops and the park exhibit. The Canadian menu features local ingredients complemented by local wine, beer and spirits. It is recommended to make reservations ahead and to go early enough so that you may enjoy the scenic views.



Together again with my “Best Friend”

Nicole Grimes was devastated as a child when her new dog had to be given away to the local shelter. Her puppy, Chloe, was quite the barker, which interfered with her father’s ability to work from home.

Fast forward 11 years. Now 21, Nicole was scrolling through Facebook and came across a post by a friend looking to find a home for her aging dog. Bringing back memories of Chloe, Nicole decided to step in and adopt the dog. “It just reminded me of my old dog. So I decided to take her in.” That’s when she started noticing all the coincidences. Although not as small as her puppy, this dog was 11 years old and also named Chloe. They even had similar personalities!

Nicole took her new dog, Chloe, to the vet and that’s when her suspicions were confirmed – a microchip scan proved that it was her original dog Chloe! “I felt like I won the lottery. I never thought I’d see her again,” she said. They found each other after 11 years apart, proving true friendship never ends.



Ice Melter & Concrete

The industry recommends using sand on new concrete for the first year in order for concrete to cure. A common misconception is that ice melters are bad for concrete. That’s not inherently true – it’s the continuous freeze-thaw cycle associated with ice melters that causes the cracking and splitting of concrete.

Exothermic reactors start to work as soon as they come into contact with moisture. Breaking up ice by causing the surface to heat up, they are very effective at melting ice. Although once that window of activation has concluded, the melted water will start to re-freeze. Since concrete is porous, the water will have seeped down into its pores and when frozen, the water molecules will expand.

The continuous cycle of expanding and contracting water within the concrete is what causes significant damage. You can avoid this problem when choosing an ice melter by making sure it has strong lasting power – this is what will protect your concrete. meltco ice melters are enhanced with extenders to prolong that residual effect, cutting down on the overall application, and of course, the negative effects on concrete.

Did You Know?

- ◇ 1908 – 1st New Year’s ball drop at Times Square, NYC
- ◇ Fog in January brings a wet spring
- ◇ A favorable January brings us a good year
- ◇ A warm January brings a cold Spring